



GAUTENG BMX COMMISSION



BMX RACER ^{BLVD}

YOUR

2017

GUIDE TO BMX RACING IN GAUTENG

Review Feb 2017 – Rev. 2

COMPILED BY THE GAUTENG BMX COMMISSION AS
PART OF GAUTENG CYCLING AND THE BMX COMMISSION OF CYCLING SOUTH AFRICA

CONTENTS

Welcome

Welcome to the **2017** BMX racing season. Please read this booklet carefully and address any questions / queries with your Club/Commission. It is every rider and parent's responsibility to familiarize themselves with these rules, regulations and formats applicable to the **2017** racing season.

Gauteng BMX and Club Committees – 2017 Season Elected and Co-opted

2016 Gauteng Provincial BMX Commission			
Designation	Name	Email	Contact #
Chairman	Dirk Uys	dirkjuys@mweb.co.za	082 331 0344
Commissioner	Miranda Limberg (Alrode)	limbergmiranda@gmail.com	083 356 3919
Commissioner	Brendon Schutte (Germiston)	bwsserv@gmail.com	079 787 3209
Commissioner	Clive Gould (Kempton)	clivegould116@gmail.com	083 386 0796
Commissioner	Chris van der Merwe (Cradle)	chris@x-streambalance.co.za	083 225 6171
Secretary	Bonny Gould	bonnygould@icloud.com	071 885 4509
Race Director & Safety	Stuart Bambrough	stuartbambrough@gmail.com	082 966 2030
Communication	Gavin Trusler	gavin.trusler@genmills.com	078 451 2919
Riders Representative	Vacant		

Alrode BMX Club			
Designation	Name	Email	Contact #
Chairperson	Miranda Limberg	Limbergmiranda@gmail.com	083 356 3919
Vice Chairperson	Wayne Gerber	waynegerber619@gmail.com	072 492 8142
Admin	Lorette Robertson	lorette@lasercleaningafrica.com	074 803 8653
Admin		admin@alrodebmx.co.za	

Germiston BMX Club			
Designation	Name	Email	Contact #
Chairperson	Brendon Schutte	bwsserv@gmail.com	079 787 3209
Vice Chairperson	Clinton Orr	clintonorr@mweb.co.za	082 656 6341
Admin	Nikki Byrne	germinstonbmx@gmail.com	072 148 0135

Kempton Park BMX Club			
Designation	Name	Email	Contact #
Chairperson	Clive Gould	Clivegould116@gmail.com	083 386 0796
Vice Chairperson	Richard Lemmer	rdfflooringsolutions@yahoo.com	074 572 1928
Vice Chairperson	Stef Coetzee	stefan@beloandkies.co.za	082 852 7296
Vice Chairperson	David Limberg	david.limberg@yahoo.co.uk	083 280 0037
Vice Chairperson	Roy McCallum	roy@jlrcenturion.co.za	
Treasurer	Wendy Lemmer	wendy@liquidauto.co.za	084 584 4878
Secretary	Jill Williams	kemptonparkbmx@gmail.com	082 837 0960

The Cradle Cycling Club			
Designation	Name	Email	Contact #
Chairperson	Chris van der Merwe	chris@x-streambalance.co.za	083 225 6171
Vice Chairperson	Peet van der Merwe	vanscarpenters@gmail.com	078 240 6554
Treasurer/ Secretary	Michael Fikkert	skylodge1@mweb.co.za	083 443 4550

1. Club and Gauteng Cycling and CSA Affiliation Fees

1.1 Club Joining Fees (Includes Gauteng BMX)

All Classes – Valid till 31 Dec 2017 – Payable to Club of Choice

- 1 st Family rider	-	R 550-00
- 2 nd Family rider	-	R 440-00
- 3 rd and more, family member	-	R 275-00

1.2 Cycling South Africa/National - <http://csams.cyclingsa.com/>

CSA Membership fee (applicable to all riders, see CSA Website for Benefits):-

Aged 16 and under (Lic is part of CSA Membership fee)	R 200-00
Aged 17 (this year) & Over (Full Racing License)	R 400-00

1.3 Gauteng Cycling Association Membership (Via CSA Website)

Member (Automatically added when taking CSA Membership) R 50-00 or R 75-00
 Fee dependent on the respective club's zoning as defined by CSA

2. Race Entry Fees

2.1 Club Racing Entry Fees (Per Race/Leg)

Challenge Class (Novice/Expert/Cruiser) Riders	R 110-00*
Elite Class	(At the club's discretion, depending on Pro-purse, entries & class split, etc.)

***NOTE: This is the recommended fee per leg for a standard 3-moto & 1-final format. However, Clubs may at their discretion change the format, e.g. Instead of adopting a single header/double header format for the two allocated race days, a 3-moto + 3-moto & 1-superfinal format may be adopted for each allocated race day.**

2.2 Gauteng Provincial Racing Entry Fees (Per Race/Leg)

Provincial Racing is strictly pre entry online via Eventbrite.com

Challenge Class (Novice/Expert/Cruiser) Riders	R 130-00 / per rider / per leg (1 st and 2 nd family member)
	R 90-00 / per rider / per leg (3 rd and + family member)
Elite class	R 190-00 / per Elite rider/per leg

NB – Entry Fees are due before the race via eft. If not paid, entry will be denied for following events until up to date.

If an entrant does not have a CSA Membership, an Admin fee will apply at R 45-00 – payable to Gauteng BMX.

3. RACE MEETING TIMETABLE	CLUB	GAUTENG *
Race Entry	Directly to Club Sec/Eventbrite	Online via eventbrite.com
Registration	8h30 – 09h30	Closes Friday @ 2pm before Race Day
Gate Starts	09H30 – 10H15	09H15 - 10h05
Riders Briefing	10h20	10h20
Racing Commences	10h30	10h30

*NO ENTRIES ON THE DAY @ Gauteng Events!

Race meeting timetables will be followed as closely as possible, however there may be circumstances which may occasion delay. Delays will be communicated wherever possible.

4. BMX Affiliation Requirements – Club and Gauteng BMX, Gauteng Cycling and Cycling South Africa

Year-end championship points & awards can only be earned for the body/bodies to which the rider is affiliated and such points will only begin to accumulate from the date of affiliation thereto. A Cycling South Africa license is compulsory for all National and World Championship participation.

Existing riders are encouraged to remain with their current clubs wherever possible. However, riders wishing to change clubs may do so by obtaining a clearance letter from their existing club and informing the Gauteng BMX Commission (Secretary) of their intentions. *Riders must change the club of choice on their own profile on the CSA website.*

In order for your club and Gauteng BMX membership to become active, each rider/parent will be sent this Guide which contains a rider's/parents code of conduct and racing indemnity for the year. Parents take responsibility for riders under 18.

If this guide is issued electronically via email, it will be deemed to be applicable to riders and parents once sent to the email address on file. It is up to the riders and parents to ensure that the Administrator of Gauteng BMX and / or the applicable club have the correct contact details for the member.

5. Racing Age

A rider's racing age is determined by the age he/she will be, as at the 31 December 2017. A simple calculation is the current year, 2017 minus the year in which the rider was born. (E.g. a rider born in 2001 will ride the 16 year old class (2017 minus 2001). It is the duty of each rider/parent to ensure that the rider is in the correct age class. If a rider has been incorrectly listed, this must be brought to the attention of the Club or Gauteng Admin before the race. If a rider willfully races in the wrong age group, he/she will forfeit all their points earned for that specific event.

6. Racing Classes

6.1 Club Racing

For club racing, a minimum of Three (3) riders per age group for Novice classes and a minimum of Four (4) riders per age group for Expert and other, are required to complete a class, unless otherwise decided by the club and race director on the day. If there are insufficient riders to complete an age class, these riders will be combined with the next age group, to a maximum of three age groups up, until a minimum class is complete. A minimum of Three (3) Girls/Ladies will complete an all-Girls/Lady Class. Girls mixed with boys will generally **race one age group** down from their racing age. A girl/lady aged 16 and older, will generally race in the 16 year old boy's class.

6.2 Club Racing Age Level

Riders may enter up to 3 age levels above at **ALL** club races.
A rider who has moved up a class at his own club races, will be scored in that class for the Club Awards and cannot chop and change throughout the Series.

6.3 Gauteng Provincial Racing

The above (6.1) is applicable at Gauteng Provincial Racing, except that Novices will be combined with Experts of the same racing age.

Racing Age Classes are 5yrs, 6yrs, 7yrs, 8yrs, 9yrs, 10yrs. The Racing Age Classes 11, 12, 13, 14, 15, 16 will be combined as follows - 11&12, 13&14, 15&16 for racing purposes only on the day. Riders will be scored and awarded in their Gauteng racing age classes on the day and for year-end awards. All riders will receive points for positions **AS THEY FINISH** in each moto and final.

An U9 and 10&Over Girls Class may be run, and if combined will be awarded separately on the day and for year-end Awards. (This will work on Racing age as normal and not actual age).

An Open Wheel Class will be run. This class is for any bicycle, 20-24" and is open for riders 17&Over. This class is designed for the Novice/New/Notsofast/having fun rider. Junior Cruiser riders may also participate in this class.

A SuperCruiser class will be run for 16 and over Cruiser Riders.

The Elite and Challenge classes Gauteng Provincial Series (Race & TT events) points; formats and awards are defined in **Paragraph 10**, herein.

6.4 No rider may change age groups unless

Any rider wishing to ride in a higher age group at Gauteng Racing level should apply to the Gauteng BMX Commission before the 1st Gauteng Race of the season. The Gauteng BMX Commission will decide if such a move is justified before the 1st provincial race. The Commission's decision is final.

A rider younger than **16** in **2017; wishing to race Elite or 17+**, needs to apply to the Gauteng BMX Commission, and if approved, will remain in that class at all Club and Provincial events. Any other older riders who choose to race Elite class at least once at a Gauteng Level in **2017**, will race **Elite** class for the balance of the year.

The Commission may approach certain riders/parents and request that the rider moves up class/es, even if no application is forthcoming.

7. Club Racing and Organisation

The organising and running of club events is the responsibility of the host club under the control of the club's elected committee.

Club racing is run in general accordance with the rules and regulations as prescribed and with the guidance by agreement between the two; of the Gauteng BMX Commission.

The club committee is responsible for appointing all the officials necessary to run a fair and safe BMX event. It is the Club's responsibility to adhere to the Event's Safety Document.

8. Racing Formats – All Classes - Clubs

Season Long Series

- The Club Championships will comprise of **three (3) legs**, on the dates indicated on the calendar.
- Additional non-championship (informal) races may be held on the day according to individual club rules.
- Race day awards, shall be awarded to Novice & Expert riders according to the rules and regulations of each club. **Cash awards are at the discretion of the club for the Elite Class.**
- Pre entries to be applied at the Club's discretion.
- Clubs have discretion to change the format of the racing with notification to entrants.

Club Year End Awards

- Year-end awards, shall be awarded to the qualifying riders in each age group according to individual club rules.
- For each club year-end award qualification, riders must be a member of that BMX club. Clubs have discretion on how many races are needed to qualify and how many races will count towards the club year end awards. **The guidelines are 1 race to qualify and all races to count.** Additional Year end awards may also be presented the clubs discretion.

9. Gauteng Provincial Championship Racing and Organisation

The organising and running of Gauteng Provincial BMX events is the responsibility of the host club under the guidance and regulation of the Gauteng BMX Commission. Gauteng Provincial racing is run in accordance with the rules and regulations as published here and amended from time to time. Certain Rules and Regs for actual racing are adopted from the National Rule book.

Entries will **only** be taken online through Eventbrite.com.

Entries will close on the **Friday, at 2pm, before the Sunday** that the provincial race will be run.

Payments are to be made via EFT to the Gauteng BMX bank account. **NO CASH** will be taken on the day.

The Gauteng Race Administrator has the discretion to adjust entries for admin corrections etc. .

All Gauteng BMX Provincial Race Day admin, concerning the rider database, Moto and gate selection draws and final positions will be administered via the BEM system. The only exception will be at the Time Trial events where Challenge classes motos will be administrated via excel.

The host club is responsible for providing:

1. A venue that complies with the minimum standards required by the Gauteng BMX Commission to host a safe and fair provincial championship event.
2. A suitably qualified Medic and first aid equipment – **Arranged via Mibern medical (or approved equivalent) – Club to confirm the booking of the medic. CC Gauteng's in on the confirmation.**
3. An automated starting gate mechanism.
4. A suitable Public Address system.
5. Chairs, Tables and shade for the finish line.
6. All required Event Safety Equipment.
7. The Gauteng BMX Commission will provide Medals and or Race Day Awards.
8. Race event registration via Eventbrite will be set up by Gauteng race Admin and then handed over to the club admin hosting the event to run the race on the day. Overseen by Gauteng Admin where possible.
9. Hosting clubs will initiate an officials list and then request Gauteng's admin for assistance if there are officials unaccounted for. This to be concluded, no later than 3 days prior to the event.

10. Race Points Earned – Gauteng Provincial Racing Series

10.1 Racing Series.

Challenge Classes - Points are scored for each position earned in each moto and for the Final, (not qualifying races, such as semifinals) for the **8** Standard Legs.

Motos - 100 points for 1st place, 90 for 2nd, 80 for 3rd, 75 for 4th, 70 for 5th, 65 for 6th, 60 for 7th, 55 for 8th.

Final – 200 points for 1st place, 180 for 2nd, 160 for 3rd, 150 for 4th, 140 for 5th, 130 for 6th, 120 for 7th, 110 for 8th. (Points will be scored for further lower places, if required, when extracting riders from combined classes)

ELITE Class - Points are scored for each position earned in each moto and the Final (not qualifying races, such as semifinals) for the **8** standard legs.

Motos - 120 points for 1st place, 110 for 2nd, 100 for 3rd, 95 for 4th, 90 for 5th, 85 for 6th, 80 for 7th, 75 for 8th.

Final - 220 points for 1st place, 200 for 2nd, 180 for 3rd, 170 for 4th, 160 for 5th, 150 for 6th, 140 for 7th, 130 for 8th.

10.2 Time Trial (TT) Series.

Challenge Classes - Points are scored for each position earned in each timed lap (2-of) for the 4 TT Legs. **(Times relative to other riders in the Gauteng age class)**

TT/leg - 250 points for 1st place, 225 for 2nd, 200 for 3rd, 188 for 4th, 175 for 5th, 163 for 6th, 150 for 7th, 138 for 8th.

ELITE Class - Points are scored for each position earned in each timed lap (2-of) for the 4 TT Legs. **(Pro Straights compulsory for Elites in TT laps) (Times relative to other riders in the Elite class)**

TT/leg - 290 points for 1st place, 265 for 2nd, 240 for 3rd, 228 for 4th, 215 for 5th, 203 for 6th, 190 for 7th, 178 for 8th.

11. Gauteng Provincial Racing

- Any rider may participate in a Gauteng Provincial Championship event, but must have a CSA MEMBERSHIP. If not, an Admin Fee of R 45-00 will become applicable, payable before racing on the day.
- All riders, however they are affiliated, are eligible for the race day (medals and trophies) awards on the day. Qualification by all riders, for the season long Gauteng BMX Awards are dependent on the detail below.
 - To earn awards at year end for the Gauteng BMX Provincial Championship Series, all riders must be a member of a Gauteng BMX Club, Gauteng BMX Body, Gauteng Cycling Body and CSA.
 - The Gauteng BMX Provincial Championship Series will comprise of 12 (Twelve) legs on each of the dates indicated on the calendar. This will make up the 12 Leg Championship Series.
 - The best scoring Nine (9) legs of the 12 Legs (any combination of standard & TT) of each rider will serve as the final standing.
 - **Of the 12 Legs, 8** of the legs will comprise of three (3) moto's, qualifying races and a final (This will be known as a Standard Leg).
 - **Of the 12 Legs, 4** of the legs will comprise of 2 x Time Trial Laps **AND** 3 Motos (TT Leg). ONLY the 2 x TT Laps will count for points towards the Series. Times/Points will be extracted/awarded to the rider's Gauteng Series Class. **Note: To qualify for the Points earned from The TT's one HAS to race in the moto's.**

Season Series – 8 Standard Legs – Race Day Awards

- Points are only scored in the three (3) moto's and the final for the 8 standard legs. (Not the qualifying races).
- Race day awards for the 8 standard legs shall be awarded to challenge class riders at the conclusion of racing. Podium positions are based on total points for the motos and final. Lowest points rule. (1 point for 1st, 2 for 2nd, etc). Elite Class Riders receive monetary awards on their position in the A Final ONLY.
- **Elites are entered separately and will be scored separately for Gauteng Series points by applying the following format:-**
 - Pro Straight compulsory for all races as applicable.
 - Minimum of 5 Elite riders required to constitute an Elite gate.
 - Less than 5 Elites will run with the 17+'s.
- The Elite Class will have a minimum of R 1100-00 as prize money per leg for the 8 standard legs. This will be awarded in the following manner. - 1st place R 550-00, 2nd R 330-00, 3rd R 220-00. **Note: This is the minimum award payout, should there be additional sponsorships/gratuities on the day then up to the 8th place may be awarded.**

Season Series – 4 TT Legs - Race Day Awards

- All Gauteng Series Challenge riders will complete 2 standard laps at the track from the start gate and be timed. All riders will complete 1 lap before the riders complete a 2nd lap. A mechanical or crash will trigger another timed lap. Special dispensation for another timed lap may be given in other circumstances.
- All Gauteng Series ELITE Class riders will complete **2 Pro Straight laps** at the track from the start gate and be timed. All riders will complete 1 lap before the riders complete a 2nd lap. A mechanical or crash will trigger another timed lap. Special dispensation for another timed lap may be given in other circumstances.
- Race classes will be formed by using only the **BEST lap** time of each rider. A max of 8 riders will form a group for racing on the day. A limit/spread of 3 – 5 seconds will be used to group riders. Gauteng Admin has discretion in forming groups.

- The exception is the 'Top 12 Class':-
 - The Top 12 Class shall comprise firstly, of all the Elite entries (automatically qualify) and secondly, the balance of the 12-spots to the fastest challenge qualifiers. Alternatively, should there be an abundance of Elites entered on the day, the Gauteng Admin may at their discretion, extend this Class to a Top 16 and the balance of the "Class" may be allocated to the fastest challenge qualifiers as and when applicable.
 - 12 (or 16) qualifiers will race 3 scrambled motos and then an 8 man final. The 8 man final must ride the 'Pro Straight' where available. Gauteng Admin has discretion in forming groups.
- Race day awards for the 4 TT legs shall be awarded to riders, other than Top 12, based on the 3 Motos and NOT the TT lap time.
- Race Day Awards for the Top 12 class (Fastest 12 Timed riders) shall be awarded to the **riders** qualifying from the 3 motos at the TT legs. The positions for prize money will be adjudged ONLY on the Final for these riders. The Top 12 Class will have a minimum of **R 1 400-00** as prize money per TT leg. This will be awarded in the following manner. - 1st place **R 550-00**, 2nd **R 330-00**, 3rd **R 220-00**, 4th **R 150-00**, 5th **R 100-00**, 6th **R 50-00**.
Note: This is the minimum award payout, should there be additional sponsorships/gratuities on the day then up to the 8th place may be awarded.

12. Year End Gauteng BMX Provincial Awards

- The three (3) highest scoring riders in each age group will be awarded 1st, 2nd & 3rd place trophies respectively. Awards to other positions are at the discretion of the Gauteng BMX Commission.
- Gauteng BMX may present the following optional awards at its committee's discretion:
 - Eric Gerber Trophy (Dedication to the sport of BMX)
 - Overall Provincial Champion (Highest Points on qualification)
 - Novello Premio Award (Best New Novice rider)
 - Other Special Award(s)
- Merit awards in the form of certificates, scrolls, badges, medallions etc may be awarded to riders and/or officials, where deemed appropriate by the Gauteng BMX Commission.

13. Team Racing

- Riders and parents are encouraged to form teams for friendly team competition. A Team's composition is entirely up to the riders and parents involved.
- Registration of rider names for the team to participate in the Gauteng Team Series **MUST** be lodged with the Gauteng Administrator before the 1st Leg of the Series. There will be no charge for this.
- NEW Teams, together with additional riders to existing teams, may register at any time of the season, but will only score from the Gauteng Leg following the official registrations.
- Points will be scored in the **FINAL** of the **8** Standard Legs as the riders selected crossed the finish line, irrespective of combined motos. Points will be awarded as per the race Points section. Challenge riders start at **200** for 1st, Elite riders start at **220** for 1st, etc..
- The scoring of the **8** Standard Legs of each team will be used for year-end awards for Gauteng Team Racing.
- It must be noted that this team competition is NOT the same as the National Sponsored Team Competition. Registration for the National Sponsored Team Competition is subject to the National Rules for **2017**.
- The Gauteng team competition is designed to create camaraderie amongst likeminded riders and parents... and of course bragging rights!

14. Gauteng Colours

The awarding of Gauteng Colours will be at the sole discretion of the Gauteng BMX Commission. Finishing positions in the Gauteng Series, National Results, and International results may all be used for consideration.

15. General

1. In the event of a tie for position after 3 motos and a final, the rider achieving the higher position in the last race where they rode together on the day will be declared the winner.
2. NO novices, of any age, will be allowed to ride with interlocking pedals and shoes or 'clips' in all competitions in SA.
3. As per the NBMXSA rules and communicated and updated in September 2014, unless specifically announced by the Gauteng BMX Commission or the National BMX Body, NO riders aged **10** and younger will be allowed to ride with interlocking pedals and shoes or 'clips'. This includes Experts and novices in all competition in SA.
4. To further simplify, no rider born in **2007** or later, may ride with 'clips'. No matter what the merging of classes may occasion, the year **2007** or later defines the cut off for age related experts. Riders may be penalized if they ride with 'clips' while being barred from doing so.
5. The Points Series Tables for the Gauteng BMX Provincial Championship Series will be updated and published via email, following each Gauteng Leg. It is the responsibility of each club to update their club members with club point's standings.
6. Entry fees paid for Gauteng Events will be carried over to a replacement date or the next leg of the series, **IF** the event is officially postponed or cancelled by the Gauteng BMX Commission. Refunds or carry overs of entry fees for any other reason are to be addressed to the Gauteng Sec. who has discretion. Failing to attend a race and / or not participating does not mean that a refund is due.
7. A highlighted rule concerns practice before racing and riding on the track during breaks/prize giving. The track, at all races, remains **closed** during breaks and prize giving and no rider may be on the track at these times. Permission to test/warm up etc may only be granted in extreme circumstances by the Chief Commissaire/Race Director on the day. If permission is granted, the rider at all times will wear an 'official' bib. If 'foot up' competitions or other are organized on portions of the track, permission needs to be given by the Chief Commissaire/Race Director for that portion of the track. Riders/parents/guardians are reminded that full racing clothing is to be worn and the rider's race number is to be affixed to the bike at all times during practice.
Helmets worn by riders on the race track is a serious safety issue. Loose straps and or no straps will not be tolerated. Riders may be warned, placed last and even disqualified if they persist with loose or no straps while riding and racing.
8. Strider Racing at Gauteng Events is condoned and encouraged by the Gauteng BMX Commission.
9. **Race Day Prize Giving:** In the name of sportsmanship and a practice of etiquette , it is expected that all riders attend the prize giving function at the end of a racing event to applaud those riders receiving accolades on the day. Furthermore, the riders receiving prizes are expected to be in their racing attire (jersey & pants) when presented with an accolade.
10. As BMX is a child dominated sport, run mostly by parents of these young riders, all have a duty to enhance and maintain the camaraderie that exists in our sport. Emotions are expected when children are involved in a competitive sport; however these emotions need to be tempered, specifically because BMX **IS** a child dominated sport. As far as possible, incidents that are out of line with the spirit that we would like to see will be dealt with on the spot. However more serious issues may warrant an official letter of warning for conduct, being sent to the rider/parent concerned. Even more serious issues may be dealt with at a disciplinary enquiry held by the Gauteng BMX Commission or higher body.

11. Social media is a wonderful tool for such a small sport as BMX; however the same social media has the power to bring the sport and individuals involved into serious disrepute. Conduct unbecoming concerning the sport and its officials posted on social media will be treated with the seriousness it deserves. The saying *'Trackside anger doesn't last, but facebook, Google and the Internet are forever.....'* – *unknown author* is very apt for our sport!
12. Members, riders and parents are encouraged to take concerns to the Chairman of their clubs and to the rider representatives. However, all officials are there to serve and to help. Any official can be approached with any questions, concerns or suggestions.
13. BMX is a volunteer driven sport. Many are needed to run clubs; to help to repair tracks, attend meetings, officiate at race meetings and help wherever is needed. Volunteers work at race meetings in order for **you** and or **your child** to be able to race. It follows then that all parents and relatives are encouraged to get involved and help wherever possible in order that the same parents do not have to work at every race.
Get involved, it's the right thing to do!
14. While this guide strives to cover many of the important aspects of riding and racing BMX in Gauteng, it does not cover every single rule and circumstance in BMX. Gauteng BMX and its affiliated Clubs defer to the NBMXA rule book and the CSA rule book, where required. It is in every riders and parents interest to familiarize themselves with the standards and rules pertaining to BMX in Gauteng.

16. Communications Channel

The Gauteng Provincial BMX Commission requests that riders are to initially consult with the Gauteng Riders Representative or their relevant BMX Club Chairman and not to go directly to the Gauteng's Chairman.

17. Final Note

Once again, welcome to the **2017** BMX Season, we trust that you will thoroughly enjoy the year and achieve the goals you have set yourself. BMX is a fun sport, uniquely involving the whole family. Having fun is the primary focus, so remember to enjoy, and most of all, have the maximum amount of fun, while watching, riding or racing BMX!

The following pages contain the codes of conduct that pertain to all of us. Please read them and take them to heart.

Riders Code of Conduct

BMX in Gauteng is a volunteer run organization that is dedicated to promoting the sport of BMX racing. We believe BMX is a great sport that teaches individuals the importance of hard work, commitment, and dedication through the practice of skills and the application of these skills in a competitive environment. The nurturing and development of these skills increase the self-esteem, health and wellbeing of the rider.

It is the intention of this Code to promote Good Sportsmanship and respect for all participants. All riders accept this contract, stating that they will observe the principles of the Code of Conduct in order to participate in any event sanctioned by Gauteng BMX.

- ❖ I will ride because I want to, not because my parents or others want me to.
- ❖ I will ride for FUN! And be proud of being a BMX rider.
- ❖ I will ride by the rules and in the spirit of the race.
- ❖ I will control my temper – fighting or ‘mouthing –off’ can spoil the activity for everyone.
- ❖ I will respect my competitors, at the track, in person and on Social Media.
- ❖ I will respect the broader BMX community, at the track, in person and on Social Media.
- ❖ I will remember that winning isn’t everything – that having fun, improving skills, making friends and doing my best are also important.
- ❖ I will treat all spectators and participants with respect and avoid negative criticism.
- ❖ I will acknowledge all good racing and performances - those of my fellow members and my opponents.
- ❖ I will lead by example and always demonstrate good sportsmanship before and after races.
- ❖ I will respect the track volunteers and officials and their authority during races and practices. I will remember that they are there to help me. I will accept their decisions and show them respect, at the track, in person and on Social Media.
- ❖ I will respect all facilities and equipment made available.
- ❖ I will not use profanity, abusive language or threatening behaviour towards any rider, parent, or track official.
- ❖ I agree to abide by the rules, regulations and decisions as set from time to time by Cycling South Africa, NBMXSA, the Gauteng BMX Commission and Associated BMX clubs.
- ❖ I understand that the consumption of illegal drugs, performance enhancing or social, is prohibited.



2017

PARENTS CODE OF CONDUCT

BMX in Gauteng is a volunteer run organization that is dedicated to promoting the sport of BMX racing. We believe BMX is a great sport that teaches individuals the importance of hard work, commitment, and dedication through the practice of skills and the application of these skills in a competitive environment. The nurturing, developing of these skills by parents, older siblings and other adults, increase the self-esteem, health and wellbeing of the rider.

It is the intention of this Code to promote Good Sportsmanship and respect for all participants within the Association. All parents and or Guardians accept this Code in order to participate at any event sanctioned by Gauteng BMX, whether as a racer, spectator or extended family member, and must continue to observe the principles of Good Sportsmanship.

- ❖ I will not force my child to ride and or compete in BMX.
- ❖ I will support my child's desire to ride BMX, offer encouragement and take an interest in them and their club.
- ❖ I will remember that my child rides for his or her enjoyment, not mine.
- ❖ I will encourage my child to ride by the rules and to resolve conflict without resorting to hostility or violence.
- ❖ I will teach my child that doing one's best is as important as winning so that my child will never feel defeated by the outcome of the race.
- ❖ I will make my child feel like a winner every time, by offering praise for competing fairly and hard.
- ❖ I will never ridicule or yell at my child for making a mistake or losing a race.
- ❖ I will remember that children learn by example, I will applaud good riding and performances by both my child, and their opponents.
- ❖ I will not use profanity, abusive language or threatening behaviour towards any rider, parent, or track official.
- ❖ I will respect and show appreciation for the broader BMX community and the volunteers who give their time to BMX for my child, at the track, in person and in Social Media.
- ❖ I will not condone the athletic use of alcohol, drugs or banned performance enhancing substances.
- ❖ I will support all efforts to remove verbal and physical abuse from BMX racing.
- ❖ I agree to abide by the rules, regulations and decisions as set from time to time by the Cycling South Africa, NBMXSA, the Gauteng BMX Commission and associated BMX clubs.
- ❖ I understand that the consumption of illegal drugs, performance enhancing or social, is prohibited.



2017

Officials Code of Conduct

- ❖ In many respects Officials, alongside the riders, are the face of the sport of BMX to club members, spectators and the general public.
 - ❖ To some extent Officials should be invisible, allowing the focus to be on the riders. At the same time Officials need to be in control at the various events for which they are responsible.
 - ❖ It is essential that officials set and maintain high standards and always behave in an appropriate manner. As a result, BMX will be reflected in a positive light in the community.
 - ❖ Officials should conduct competitions in a fair and impartial manner, displaying equity to all competitors. Officials must be consistent in their application of the rules, keeping in mind the objective of providing an enjoyable and satisfying experience for all involved.
 - ❖ Be consistent, objective and courteous when making decisions.
 - ❖ Conflicts of interest should be avoided where possible; however, it is understandable that in some instances, particularly at events where family members may be competing, this may occur. In these instances caution should be observed in the decision making process to avoid accusations of favouritism or bias.
 - ❖ Condemn unsporting behaviour and promote respect for all competitors.
 - ❖ Be a good sport yourself, actions speak louder than words.
 - ❖ Make positive and supportive comments.
 - ❖ Place the safety and welfare of competitors above all else.
 - ❖ Give all competitors a “fair go” regardless of their gender, ability, cultural background or religion.
 - ❖ I understand that the consumption of illegal drugs, performance enhancing or social, at BMX events is prohibited.
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**RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK,
AND INDEMNITY AGREEMENT (“AGREEMENT”) – 2017 SEASON – ALL RACES**

In consideration of participating in the Gauteng BMX Racing Program I represent that I understand the nature of this Activity and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the Activity.

I fully understand that this Activity involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the negligence of the "releasees" named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation in the Activity.

I hereby release, discharge, and covenant not to sue Gauteng BMX Commission and any affiliated Gauteng BMX Clubs, its respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations; and I further agree that if, despite this release, waiver of liability, and assumption of risk I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the releasees from any loss, liability, damage, or cost which any may incur as the result of such claim.

PARENTAL CONSENT

AND I, the minor's parent and/or legal guardian, understand the nature of the above referenced activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue and agree to indemnify and save and hold harmless each of the Releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to have been caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releasees, I will indemnify, save and hold harmless each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any Releasee may incur as the result of any such claim.